

## WHAT YOU CAN DO:

Visit [CommunityHealingNet.com/Selma50Action](http://CommunityHealingNet.com/Selma50Action) to:

1. **Make a personal commitment** to emotional emancipation, healing, wellness, and empowerment. Take the Pledge to Defy the Lie of Black Inferiority and Embrace the Truth of Black Humanity;
2. Sign up to host an **Emotional Emancipation (EE) Teach-In during Community Healing Days<sup>SM</sup>**— October 16, 17, and 18, 2015;
3. Save the date to join us for **Valuing Black Lives: The First Annual Global Emotional Emancipation Summit** to be held in conjunction with the 45th Annual Legislative Conference of the Congressional Black Caucus, September 18 and 19, 2015, in Washington, D.C.; and/or
4. Find out more about **sponsoring an Emotional Emancipation Circles<sup>SM</sup>** training in your community.



**JOIN THE MOVEMENT!**

**DEFY THE LIE!**

**EMBRACE THE TRUTH!**

# HOW TO VALUE BLACK LIVES

## Building the Movement

FOR

# EMOTIONAL EMANCIPATION

[www.CommunityHealingNet.org](http://www.CommunityHealingNet.org)

Community Healing Network, Inc.



Building the Global Grassroots Movement  
for the Emotional Emancipation  
of Black People